



Guest / Trial session – One Day Pass

Guest Details

Name _____ Date of Birth _____

Address _____

Email _____ Phone _____

Emergency Contact in case of accident or illness at the club

Name

Phone

Guest Membership Fee –

One Day Pass – Gym access for one day (accompanied by a gym member) - 5am to midnight £7.50

DATE OF GUEST ENTRY -

Membership Application Process

1. Please complete all details on this form, sign the bottom, and have a witness countersign it.
2. Email a fully completed and signed copy to membership@sunburywtc.com or bring it to the club if you do not have email access where a committee member will take it from you.
3. Wait for confirmation letter that your membership application has been accepted and make payment.
PLEASE DO NOT MAKE ANY PAYMENT BEFORE CONFIRMATION OF AVAILABILITY

Payment Process for Successful Applicants

Payment for membership fees and initial joining fees can be made by the following methods:

- BACS / Online Banking
 - Payee: Sunbury Weight Training Club
 - Sort Code: 20-42-76 Account Number: 63798925
 - Use your name as payment reference on any BACS / online banking payment
- Credit / debit card
 - Contact membership@sunburywtc.com and we will arrange to take card payment



SWTC Membership Terms & Conditions

Membership Criteria

- Sunbury Weight Training Club (SWTC) membership is open to all without discrimination on the basis of ethnicity, Nationality, religion, sexual orientation, sex, age or disability.
- Adult Members, Student Members and Social Members must be over 18.
- Junior Members must be over 16 and under 18, and may train only under the supervision of an adult member. Junior membership forms must be witnessed by a parent or guardian
- Student members must be in full time education with proof of full-time education status.
- Members may be required to provide ID on request.
- Social Members may use the clubhouse facilities but are not entitled to train in the gym.

General Rules

- To the best of your knowledge and belief you are in good health and not knowingly incapable of engaging in either active or passive exercise and that such exercise would not be detrimental to your health, safety, comfort, wellbeing or physical condition. Further, you agree to advise us immediately should your circumstances change.
- Joining fees are applied to cover the initial administration costs associated with setting up a new membership and entitle the member to an induction session (bookable by emailing membership@sunburywtc.com), along with a key or security token for entry to the premises.
- Membership fees must be paid on time or gym access may be denied.
- Membership fees are non-refundable
- You agree to advise us immediately of any change to the membership details provided.
- We may terminate this agreement with immediate effect on notifying you if you are in breach of the Clubs Rules. We reserve the right to refuse or revoke membership on non-discriminatory grounds, where the membership, or continued membership, of the person concerned would be likely to not be in the best interests of the sport or the good conduct and interests of the club.
- This agreement cannot be transferred to anyone else
- Performance Enhancing Drug (PED) use is strictly prohibited and may result in a life ban.

Training

- Training in the gym area must be done safely and responsibly
- Machines must be unloaded and equipment replaced on the racks after each work-out.
- Proper gym attire must be worn in gym areas.
- No shoes worn outside are allowed in the gym area.
- All bags, shoes and clothes to be left tidily in the changing rooms.
- No loose chalk to be used in the gym area. No liquid chalk, talc or baby powder allowed.

COVID-19 Precautions

- Members must bring their own wipes, hand gel and masks, and agree to observe government guidelines regarding social distancing as long as COVID-19 remains a risk.
- Members must clean down any equipment used before moving to the next equipment area.



Sunbury Weight Training Club

SWTC Membership Terms & Conditions

Facilities

- SWTC is a non-profit making club. All surplus income is reinvested in the club.
- As SWTC is a club with limited facilities, we may have to regulate how many members we have, to enable us to carry out our objectives of providing facilities for weight training.
- There may be times where we have to close all, or part of, the gym. We will do our best to let you know of such closures in advance of them taking place, unless the problem is urgent or an emergency. We will use all reasonable endeavours to ensure that such closures are outside of peak visiting hours and are kept to a minimum. You will not be entitled to a refund of part of, or all of, your membership fees in such circumstances.
- We will not be liable or responsible for any failure to perform, or delay in performance of, any of our obligations under these terms that is caused by any event outside of our control.
- Membership of Sunbury Weight Training Club entitles members to additional membership of Sunbury Sports Association which allows access to the social facilities of the club-house.

Accident and Injury

- Training with weights brings with it the risk of accidents. It is therefore essential that all members take care to avoid injury to themselves and to others.
- Sunbury Weight Training Club does not provide any personal injury cover for members so training at the club is done solely at members own risk.
- All members are strongly advised to take out their own personal accident insurance.

Member Declaration

I agree to abide by all Membership Terms and Conditions as set out on page 2 & 3 of this document.

Drug Policy

I declare that I have not, nor will not, knowingly consume, drink, or administer to my person any substance, stimulant, narcotic or synthetic chemical with the intention of falsely enhancing performance or prowess. I fully understand that I may be called upon at any time to provide a sample for testing to officials or independent sampling officers, which if found positive may render me with a life ban from Sunbury Weight Training Club. Refusal to provide a sample when requested may also result in a life ban as SWTC takes its drug policy very seriously.

Risk Policy

I fully understand that I train here solely at my own risk. Neither Sunbury Weight Training Club, Sunbury Sports Association, nor any of its officials shall be held responsible for any personal injury or death occurring on the club premises, or as a result of the use of facilities and/or equipment provided by the club.

Guest

Signature _____ Date _____

SWTC Member

Signature _____ Name _____